## Before the Federal Communications Commission Washington, D.C. 20554

In the Matter of	)	
Notice of Proposed Rulemaking 18 FCC Rcd 13187, 13188 ¶1 (2003)	) ) ET Docket No. 03-1	137
And	)	
Service Rules for the Advanced Wireless Services H BlockImplementing Section 6401 of the	) WT Docket No. 12-	.357
Middle Class Tax Relief and Job Creation Act of	)	
2012 Related to the 1915-1920 MHz and	)	
1995-2000 MHz Bands ¶53 footnote 95	)	

To: Office of the Secretary

Federal Communications Commission

Washington, DC 20554

Comment Filed by: Beth Ann Tomek

5303 Brandenburg Ct. Dallas, TX 75287

February 4, 2013

## **AFFIDAVIT OF Beth Ann Tomek**

State of Texas ]	
_Collin_ County ]	
I, Beth Ann Tomek my knowledge.	, attest that my statements are true to the best of
Comment round for ET Docket No	o. 03-137 and WT Docket No. 12-357.
1. My name is Beth Ann Tomek_Dallas, TX 75287	My address is_5303 Brandenburg Ct.,
2 I am a homemaker	

- 3. A smart meter was installed at 5303 Brandenburg Ct. in September or October of 2012. I was not there at the time nor am I now. I'm temporarily living in a state where smart meters have not been installed. I have returned to 5303 Brandenburg Ct., my primary residence, on several occasions to visit. During these visits, I experienced headache, nervous system discomfort, neck pain, eye pressure, vertigo, restlessness, sleep disturbances, nausea and bowel discomfort. These symptoms eventually resolved once I left. My son visited on these same occasions, as well. He experienced flu-like symptoms of headache, neck pain, nausea, sleeplessness, body pain. These resolved upon leaving 5303 Brandenburg Ct.
- 4. I have sensitivity to cell phones. If I hold a cell phone too long, I will have ear and neck pain, as well as tingling and pain in the hand and arm that held the phone. If I sit too long at a computer, I'll have strange nervous system feelings. Therefore, I knew adding a smart meter would have negative affects on me. I'm not a scientist, but from what I've researched it seems we have a massive health crisis heading our way. We're living in a electromagnetic smog that is detrimental to our health and to the health of all living creatures. Adding smart meters to our houses is needless additional RF radiation. Smart meters will not save homeowners electricity costs.
- 5. Dozens of scientific studies have shown negative impacts of EMR on human health, even at low levels of exposure. The most commonly accepted guidelines are the

Building Biology recommendations that list 1,000 microwatts/m2 as the threshold for "extreme concern"

(http://www.baubiologie.de/downloads/english/richtwerte\_2008\_englisch.pdf). On May 31, 2011, the World Health Organization's International Agency for Research on Cancer (IARC) classified radiofrequency fields as "possibly carcinogenic to humans." The FCC does not use biologically determined guidelines that affect health, but rather uses a standard that measures thermal heating of biological tissue. The premise that there are no adverse impacts of EMR on the human body until it is cooked is completely ridiculous.

6. I urge the FCC to adopt new RF safety guidelines that take into account published research on the biological effects brought on by the ability of RF signals to communicate with living tissue, and more specifically, to consider the Building Biology guidelines for human health.

Respectfully submitted by

Beth Ann Tomek 5303 Brandenburg Ct. Dallas, TX 75287 February 4, 2013